

**Pleasanton  
Rage '87 (U-17)**

**#6 Erica Frizzell**



Amador Valley High School  
1155 Santa Rita Road  
Pleasanton, CA 94566

*email:* erica@eaglefrizzell.com

*GPA:* 3.1  
*Possible Major:* undecided

**Midfielder / Forward**

**Class of 2004**

*Birthdate:* 11-04-1986  
*Height:* 5'7"  
*Weight:* 137 lbs.

*Attending in Fall 2004:*  
**Univ. of Nevada - Las Vegas**  
Las Vegas, Nevada

**Soccer Highlights**

- Club:* 2003 - Pleasanton Rage '87 Premier (U17 - Chris Pulpanek)  
2002, 2001 - Pleasanton Rage '86 Premier (U17, U16 - Chris Bock)  
1995-1999 - Pleasanton U10-U14 Class I  
State Cup Finalist - 2002, 2000; Semifinalist - 2001  
State Cup Champion - 1997 (scored game winning goal)  
District III League Champion - U15, U14, U12, U11, U10  
Surf Cup (CA) Finalist - 2002 (U17 Gold); Semifinalist - 2001 (U16 Gold)
- ODP:* 2003 - U17 Cal-North State Team (Tony Perez)  
2002 - U16 Cal-North State Team (Mike Heintz)  
2001 - U15 Cal-North State Team (Jack Cairel)  
2000 - U14 Cal-North State Team (Bob Rudiger)  
May 2001 - adidas Cup Finalist, Morgan Hill CA  
May 2001 - ODP International Finalist, Lancaster CA  
Jul 2000 - Region IV ODP Camp, Laramie WY  
Cal-North State ODP Camps: 2003, 2002, 2001, 2000
- High School:* 2002, 2001 - Amador Valley High Varsity (Rachel Schmidt)  
2002 - CIF NCS 3A Champions (scored game winning goal)  
2001 - CIF NCS 3A Semifinalist

**Academic / Other Achievements**

Active in Valley Community Church Youth Group      USSF Certified Referee  
Track, softball, basketball

**References**

|              |                |              |                                  |
|--------------|----------------|--------------|----------------------------------|
| Club coach   | Chris Bock     | 510-234-9894 | (CBock16@aol.com)                |
| Club trainer | Philippe Blin  | 925-518-9038 | (PBlin@aol.com)                  |
| Prior coach  | Nick Mangiardi | 510-657-9611 | (nick.mangiardi@mail.sprint.com) |

